



**Sysco®**

**WE ARE HIRING!**

**INDUSTRIAL ATHLETE  
WAREHOUSE PERSON  
ORDER SELECTOR  
NIGHT SHIFT FULL TIME**

**[PrairiesCareers@sysco.ca](mailto:PrairiesCareers@sysco.ca)**



**As an Industrial Athlete, you will handle an average of 1,500 cases per shift, with each case weighing an average of 30 pounds - but up to 70 pounds. You will also move a lot - walking, standing, stretching, & bending - on average you will walk over 10 kilometers in a single shift. It is very repetitive work, so the ideal person for the job is very self-motivated & likes to continually challenge themselves. The hours appeal to those who are night owls - shifts typically start early in the afternoon & end in the early morning.**

**As challenging as this job is, it is also very rewarding. The pay is above average, with opportunity to earn more on each bi-weekly pay check depending on your ability to work quickly, accurately, & safely. There is also plenty of opportunity for advancement - many of our Management & Senior Leaders started in this very same position & have grown their career with our Fortune 50 Company. Your hard work & dedication can pay off.**

Responsibilities:

- Hand select orders within various warehouse environments of fluctuating temperatures, including Dry, Cooler, and Freezer
- Operate assigned Sysco Order Selection (SOS) unit to scan and create labels; correctly place labels on product. - Stack product on pallets in accordance with proper selecting procedures (for example, no stacking heavy-on-light, labels facing out, etc.).
- Frequently lift product that weighs 1-75 pounds, up to 88 pounds; frequently reach and constantly bend and twist while operating a pallet jack and/or forklift, retrieving items from lower shelf areas.
- Operate an electric pallet jack or forklift to transport product.
- Stage pallets for loading on proper dock locations.
- Shrink-wrap product on loading dock.
- Follow sanitation requirements in order to comply with policy set forth by the Company.
- Maintain and safely operate all assigned equipment, including but not limited to pallet jack, SOS unit, and personal protective equipment. Perform pre and post-trip inspections, and safely operate all mechanical equipment..
- Other duties may be assigned.

Qualifications:

- Must be 18+ years of age
- Able to read, write and communicate effectively in English as it relates to the job and to the safety regulations
- Must pass pre-employment testing (Background Check, Physical Abilities Test)
- High school diploma or equivalent
- Warehouse experience is an asset but not required

Hours of work:

- 4 days a week, typically 10 hour shifts - Start time of 3 pm or 6 pm
- Work most stat holidays and get "floater" time off in lieu that can be booked like vacation

Compensation:

- Start rate: 25.80 per hour
- After 2000 hours: 26.80 per hour
- After 4000 hours: 27.80 per hour
- After 6000 hours: 29.30 per hour
- After 8000 hours: 31.85 per hour
- Hourly night shift premium (as applicable) and incentives/bonus based on performance.

Location: 1570 Clarence Ave, Winnipeg, MB R3T 1T6